



The Rumbalara Galnya Maya Program

is funded by the

Commonwealth Department of Families, Housing, Community Services and Indigenous Affairs.

The aim of the program is to provide respite to

**Aboriginal and Torres
Strait Islander Carers**

in the Hume Region of Victoria.

TO CONTACT THE
PROGRAM CO-ORDINATOR

5822 2866

The Program is located at:

Aged Care and Disability Services

93 Drummond Rd,
Shepparton Vic. 3630

PO Box 614,
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Phone: (03) 58 222 866
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RUMBALARA
ABORIGINAL CO-OPERATIVE LTD.

Rumbalara
Aged Care & Disability Services

Rumbalara
Galnya Maya Program

What sort of help does it provide?

The program supports carers and the people they care for, by giving the carer a break.

For example:

Arranging for the person you care for to attend an activity in the community to give you a break, or

The person you care for can attend one of our centre based activities.

Eligibility

To be eligible for the **Galnya Maya Program** you need to either be

an ATSI carer aged 40 years or over

or

be caring for an ATSI family member who:

- Has a mental illness or other type of disability and
- Is over the age of 18 years

Who does it help?

The program is for carers in the Hume Region of Victoria.

Transport can be arranged for the Shepparton area.

If you are not sure if the program is suitable for you please call us on

5822 2866

and we will see if we can help.

